

REGISTRATION FORM

Name: _____

Agency/Organization: _____

Address: _____

City: _____

Province: _____ Postal Code: _____

E-Mail: _____

Phone (h/c): _____

Phone (w): _____

**Please consider registering online at www.marymound.com
Online invoicing and payment available.*

CONFERENCE PRICING: (check one)

Regular\$199.00/ea

Group (10 or more).....\$150.00/ea
(one payment for all attendees must be made)

PAYMENT METHOD

NO REFUNDS WITHIN 30 DAYS OF EVENT.

Cheque Invoice* Credit Card Cash

TOTAL: \$ _____

Card Number: _____

Expiry Date: _____

**Invoices will be emailed to email address provided above.
Please ensure your invoice reaches the appropriate person
for remittal of payment**

Would you like to be kept informed on further
professional development opportunities by us?

Would you like to be kept informed on fundraisers
and events put on by us?

AGENDA

8:30am - Drum group and Elder prayer to open the day

**Dr. Patricia Makokis: *Indigenous Resilience and
the Importance of Family & Community Connection***

9:00 -10:30 am - Part I: including Q&A

15 minute break

10:45am - 12:00pm - Part II

Lunch break

Dr. Gabor Maté: *Fostering Resilience in a Stressed Culture*

1:00pm - 2:30pm - Part I: including Q&A

15 minute break

2:45 - 4:00pm - Part II: including Q&A

4:00 - 4:30pm - Drum group and Elder prayer to close the day

REGISTRATION INFORMATION

Cheques made payable to Marymound,
442 Scotia Street, Winnipeg, MB R2V 1X4

Contact Dawn Isaac at disaac@marymound.com

Registration form may be faxed to 204-334-1496

To register online, visit www.marymound.com

Embracing Ancestral Resilience During Times of Collective Trauma



**Virtual Conference
May 4, 2021**

Embracing Ancestral Resilience During Times of Collective Trauma

MORNING SESSION

Indigenous Resilience and the Importance of Family & Community Connection

- Dr. Patricia Makokis

The way people individually and collectively live and experience the world depends on connection and relationship.

By connecting to our ancestors experiences, the wisdom and resilience is passed down through the generations and shape our ways of knowing and being. This session will explore how we can build and honor a sense of belonging and connection to our families and communities. It will forge a way forward during times of stress and promote healing, understanding and resilience.

Conference will cover:

1. The basis of healthy child development: the attachment relationship with parents, teachers, family, and community
2. How the human brain develops in interaction with the social/psychological/spiritual environment
3. The stresses in our culture that have undermined the necessary conditions for healthy development, and their consequences in for children and families
4. What peer orientation is and how it competes with children's adult attachments; how to recognize its signs
5. How to recognize intra-family stresses, and how to deal with them to create a safe, nurturing environment for our children
6. Understanding resilience and its promotion as a function of healing

AFTERNOON SESSION

Fostering Resilience in a Stressed Culture

- Dr. Gabor Maté

This presentation, outlines the mental health implications of early childhood emotional loss, whether due to abuse in the family, stress on the parents, or collective trauma like a pandemic and the subsequent loss of attunement with the child. Many more children than in the past are diagnosed these days with various learning and behaviour difficulties and many have problems learning from negative experiences. This is particularly evident during times of collective stress and trauma. Connections with parents and important adults are key to youth coming out of pandemic with strong and healthy minds. In a time of uncertainty, fear, and isolation, children are at risk of becoming a sort of lost generation. Lack of connection in families, especially those battling with excessive screen time or teenage estrangements is becoming more and more prevalent as family stresses mount. What parents, and educators need to understand, is that these challenging behaviours are actually cries for help and connection through relationship.

Dr. Maté's session, based on his best-selling books, will include generous time for interactive dialogue with participants and will focus on the causes and underlying dynamics of the challenges faced by today's children—and therefore, by the adults tasked with nurturing and educating them. It will be shown that the most important feature of any approach to resilience needs to be the attachment relationship between children and the adults responsible for their care. Reclaiming relationship is at the heart of fostering resilience.

SPEAKERS

Dr. Patricia Makokis (Ed.D.) is acclaimed as one of Canada's most outstanding Indigenous leaders and experts. She is an internationally renowned speaker and well known for her expertise on multiple topics related to the Canadian Indigenous perspective. Patricia focuses her work on how to create solutions through identifying with the Truth of the past, present and future challenges for Canadians and First Nation peoples. Her dynamic experience and education has led her to help Canadian individuals and organizations to understand the Indigenous perspective, and also to help First Nation groups become stronger, united and focused on equality for health, education, careers and opportunity. Dr. Makokis has spoke, consulted and assisted many different industries throughout her career. She continues to consult and speak for a wide variety of organizations ranging from Provincial and National Governments, Healthcare Groups, Education/ Teachers, Professional and Trade Associations and to some of the world's largest Corporations.



Dr. Gabor Maté is a renowned speaker and best-selling author, highly sought-after for his expertise on a range of topics, including addiction, stress, and childhood development. Rather than offering quick-fix solutions to these complex issues, Dr. Maté weaves together scientific research, case histories, and his own insights and experience to present a broad perspective that enlightens and empowers people to promote their own healing and that of those around them.



Dr. Maté has written several best-selling books, including the award-winning *In the Realm of Hungry Ghosts: Close Encounters with Addiction* and *When the Body Says No: The Cost of Hidden Stress*. He regularly addresses health professionals, educators, and lay audiences throughout North America.

Cofounder of the nonprofit *Compassion for Addiction*, Dr. Maté has received numerous awards including the Hubert Evans Prize for Literary Non-Fiction and the 2012 Martin Luther King Humanitarian Award from Mothers Against Teen Violence. www.drgabormate.com