



MARYMOUND

Finding the good

Messenger

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Camp Experiences Provide Memories

If you ever went to camp, you likely have fond memories of carefree times, outdoor fun and that special kind of freedom that only getting out into the country can offer.

Marymound is fortunate to have a camp for our young people to attend each summer. Our 24-hour care programs take turns going to Camp Maryglen for a week at a time and each group gets to go twice.

It's always fun and relaxing for staff and young people, and a chance for everyone to just "let their hair down."

This year there was added excitement when staff and campers spotted two suspicious looking lights over the lake. Imagination got the better of them out in the wilderness and soon they were calling the local RCMP to report an unidentified flying object (or UFO)!

Everyone was relieved (if not somewhat embarrassed) when they were informed that it



An afternoon at the beach at Camp Maryglen

was actually the Canadian Coast Guard testing flares for water search and rescue!

Well, it makes a good story...and it inspired some creative artwork (below).

More Camp Experiences

In addition, three young people from Marymound's Treatment Foster Care program were selected to go to Tim Horton Children's Foundation camp.

I Survived Maryglen Camp...2008



The foundation honours Tim Horton's love of children and "his desire to help the less fortunate."

It is a non-profit, charitable organization that provides a fun-filled camp environment for children who otherwise would not have the

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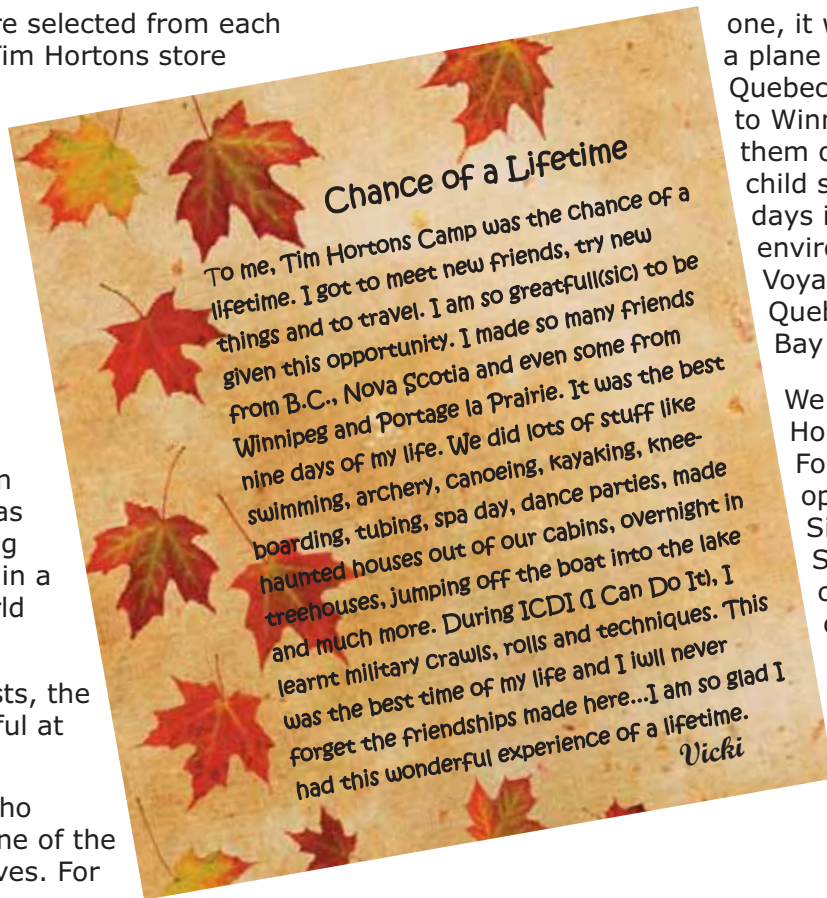
opportunity. Children are selected from each community in which a Tim Hortons store operates.

One of them was Vicki, who wrote an essay that is included in part on this page.

The camp program is designed to give children confidence in their abilities through participation in challenging programs. They experience pride in their accomplishments as they succeed in attaining their goals, and they gain a positive view of the world and their future in it.

As Vicki's write-up attests, the camp was very successful at achieving these goals.

The three youngsters who participated truly had one of the biggest thrills of their lives. For



one, it was her first time on a plane (the camp is in Quebec). Counselors came to Winnipeg to accompany them on their trip. Each child spent nine glorious days in the beautiful environment of Camp des Voyageurs in Quyon, Quebec, set on Pontiac Bay of the Ottawa River.

We are grateful to Tim Horton Children's Foundation for this opportunity and to the Sisters of the Good Shepherd for continuing to provide our youth with access to Camp Maryglen.

Camp does them a world of good.



Caring Doesn't Stop When You're on Your Own

Independent Options Program Grows

It's not easy to go out on your own. There are so many things to think about - so many new responsibilities. Finding a place to live, making meals, shopping for food, getting a job and/or going to school, not to mention being a teenager and alone to do it all. Here's where Marymount's Independent Options Program (IOP) can help.

You don't need to go it alone

Youth who have been in care face a unique set of challenges living independently because of the protective environment in which they have lived. This can leave them in the unfamiliar position of being alone and unsupported, while faced with many new challenges.

IOP, in conjunction with the youth's agency helps young people aged 16-21 as they transition to independent living. Trained Marymount staff support each youth in a flexible, specially tailored program to meet the individual's needs.

Independent Living

A young person living in his/her own apartment

receives assistance from a support worker in finding a place to live, budgeting, registering for school/finding employment and other skills. The worker maintains regular contact and support.

On call around the clock

Young people in the Independent Options can call Marymount staff 24 hours a day for advice or just to talk. A staff member is always available to help.

Full Independence is the Ultimate Goal

The goal is for the young people to become self-sufficient, confident and full members of their communities. Youth will be empowered to thrive on their own, equipped with the knowledge and skills to live independently. Workshops, community events, career exploration and life skills training all serve to help youth to grow intellectually and emotionally, gain "hands-on" experience and prepare them for the final stage of independence. **Find out more by emailing Nadia Dias at ndias@marymount.com or phoning 229-6161.**



Rotary Van Means Safer, More Comfortable Ride

Until recently, when young people from Marymound needed to go on a school field trip or to camp, they'd pile into a 15-year-old van that was definitely feeling its age. Now, thanks to the generous folks from the Rotary Club of Winnipeg North, Marymound youth can be transported in comfort and style. The Rotary Club made a donation of a brand new Dodge Caravan.

"The kids love their new van," said Marymound CEO Ian Hughes. "We knew we had to retire the old van but didn't expect to be able to replace it so soon."



Marymound Director of Finance Chris McDonald accepts keys for van from Mark Smith (in suit) of the Rotary Club of North Winnipeg. To Mark's right are Marietta Rewucki of Eastern Chrysler Dodge and Mardy Yager of Marymound. Marymound staff from left are Charlene Baert, Gwenda Nemerofsky and Lynda Gilchuk.

The keys to the van were officially handed over in a presentation at Eastern Dodge Chrysler where the van was purchased. As well as representatives from Marymound and the Rotary Club, Marietta Rewucki, President and General Manager of Eastern Chrysler Dodge was

recognized for her generous assistance in obtaining the van.

It saw constant use from the day it was picked up, shuttling Marymound youth back and forth to camp throughout the summer.



Caring Donations Contribute in So Many Ways



Marymound is fortunate to receive a variety of donations from individuals and philanthropic groups. It is especially gratifying to see youth in the community getting involved in giving at an

early age. The Youth in Philanthropy Program administered by the Winnipeg Foundation brought several high school groups to Marymound for informational tours. Transcona Collegiate and Dakota Collegiate selected us for funding.

Thanks to this, we were able to purchase an automated baby doll (photo at right) for the **Baby Think it Over Program** that is soon starting at Marymound School. This program provides an effective reality check for teens who are at risk of

or are considering having a baby. Funds were also designated to a Dance Dance Revolution Program Mat and sewing machines for our Cultural Centre.

We also received 31 lovely handmade "lapghans" (small afghans- photo at left)) from Crochetlist, a group of avid crocheters from around the world. Each month, they crochet for a different charity, and, through a connection with a staff member, Marymound was selected as September's charity. Our young people in Winnipeg and Thompson are finding these extra cozy and fun to have.

A big THANK-YOU to our generous and thoughtful donors.



News bits



Golden Carrot Award goes to Marymound Staffer

Mardy Yager, who works at Marymound School and in our Fund Development Department was awarded the prestigious Manitoba Food Charter Golden Carrot Award as an Urban Community Food Champion. He was recognized for his work with Ken Oswald on the Seven Oaks Community Garden. Marymound students participate in the gardening. The award was presented at the Manitoba Legislature on October 16.



Marymound Represented at PEI Conference

Kristin Lukie and Tara Mack of Marymound's Youth Addictions Stabilization Unit were presenters at the 15th National Child and Youth Care Conference held in Charlottetown, Prince Edward Island in early October. Their presentation, *Bridge Building From Within a Locked Youth Addictions Stabilization Facility* was well received.



Donating is now easier than ever!

You can now donate to Marymound online. Through the **CanadaHelps.org** network, we now offer donors a safe, secure, and very convenient method to donate from the comfort of their homes or offices.

Just visit CanadaHelps.org and type 'Marymound' in the blank marked "name of organization." The site will walk you through a simple online process. You will receive an immediate printable tax receipt for income tax purposes. You may also access the giving site through our website:

marymound.com.

If you prefer, you can still make donations by credit card over the phone (336-5565) or by mail. You may choose to write a cheque to make your contribution. There are more ways now than ever to donate to Marymound. Know that when you do, you are offering Manitoba youth a step up on their way to healthier, more productive lives. Thank you.



Mailing address:
442 Scotia Street
Winnipeg, MB R2V 1X4
204.338-7971
Fax: 204.334-1496
info@marymound.com

Marymound North
116 Hemlock Crescent
Thompson, MB
R8N 0R6
204.778-6067
Fax: 204.677-5549

Futures
125 Commercial Pl.,
Thompson, MB
R8N 1T1
204.677-7820
Fax: 204.778-3253

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