



MARYMOUND

Finding the good

Messenger

ISSUE 2 VOLUME 1 January 2009



Media Course Welcomes Special Guests

Marymound School recently added a new course in media awareness. Students have been exploring career options in the field, gaining a better understanding of how media works, and learning to be discerning media consumers.

As part of the course, two local media personalities recently visited Marymound School.

Hot 103 morning radio host and program director Ace Burpee and Waubgeshig Rice, reporter on CBC's *News at Six* visited Marymound to provide fascinating insight into the world of radio and of TV news.

Ace Burpee spoke to two classes about the everyday life of a radio host.

Students learned about his early start to the day (3:37 a.m. precisely) and the hours he spends reading up on current events to prepare for his show. He also answers over 150 emails every day!

Besides doing his popular daily morning show with



The affable Ace Burpee is an early riser!

Chrissy Troy, Ace selects the music to be played each day and makes many public appearances around the city for special events and charitable organizations.

Students had plenty of questions about his work, the contests the station holds, about calling into the show and they insisted he demonstrate how to do his famous "cabbage roll" move. A few of them even gave it a try.

To their delight, Ace interviewed six students "radio style" and signed autographs.

It was wonderful of Ace to take time out of his very busy schedule to come and spend time with Marymound students. His down-to-earth, open communication style made everyone feel comfortable as he shared some fascinating facts about radio.

Ace enjoyed his time with the students. "They were awesome," he said.

Waubgeshig Rice, (Waub for short), is originally from Wausaksing First Nation, Ontario. He received

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his Bachelor of Journalism at Ryerson University. Waub explained to students about the amount of preparation that goes into just a two-minute story: it can take him a full work day to get it ready for air - doing interviews, travelling to various locations to shoot footage, researching background information, editing the story down to the right length - everything it takes to be ready for an audience.

He even brought some CDs of past shows, with humorous outtakes of himself and the CBC news team including anchor Janet Stewart and meteorologist John Sauder.

Waub also viewed some of the videos Marymount students made this year. He was impressed and enthusiastic about their work.

Students asked many questions, and especially enjoyed the teachers staging scenes, after which Waub did live interviews with them as "witnesses" about what happened. It was very realistic and made a strong impact.

Thank you to Waubgeshig Rice for arranging a day off work to share his expertise with our students! Deeply proud of his Anishinaabe background, he is



CBC TV reporter Waubgeshig Rice gave insight into the world of news reporting

a positive role model for Marymount young people. "I really enjoyed talking to the students, who were great. It was a lot of fun, and you can invite me back anytime!" he said. We just might take him up on that!



How to Discipline? A Workshop for Foster Parents and Case Managers

Many young people entering Child and Family Services have had early experiences of abuse, neglect and/or exploitation and as a result may have negative feelings about themselves and about adults. Difficult and challenging behaviours can be directly linked to these experiences.

On **April 29 & 30, 2009** Marymount will sponsor a workshop to show ways to deal with these behaviours without triggering the child's early experiences. Stephen de Groot, a specialist in the development and implementation of strengths-based interventions will present ***A Relationship-Based Strengths Approach (RBSA) to Discipline with Youth***. DeGroot has taught at the Faculty of Social Work at the University of Manitoba and has provided support, education and training to parents and to helping professionals who live or work with children in child welfare.

The *RBSA to Discipline* is a highly practical and effective method for approaching discipline in a manner that simultaneously enhances relationships while fostering youth self-determination, learning and responsibility.

This workshop will be interesting and valuable to anyone working with youth. Participants will be guided through a process that challenges traditional and ineffective discipline approaches. They will learn about conditions that promote positive behaviour and ways to avoid and/or decrease resistant and oppositional behaviour.

Feedback from people who have attended the two-day workshop has been excellent. "I heard about it from several foster parents who attended it when it was hosted in the Interlake," said Susan Tennenhouse, Program Manager of Marymount's Treatment Foster Care Program. "They felt that all foster parents should attend as it provided a positive way of thinking and doing things differently. They found it practical, informative and easy-to-follow, helping foster parents provide positive goals for youth in their home."

This workshop is being offered free of charge to all Marymount Treatment Foster Care program families and case managers. To register, contact **Susan Tennenhouse at 336-5509 or stennenhouse@marymount.com** by March 30. Space is limited.



Christmas in Care: A little extra caring can make it fun



Marymount School staff member Phil Coish reads a traditional Christmas story during chapel service

It started with a chapel service, continued with Santa handing out gifts at a Christmas party, then a feast, and ended with great entertainment by Marymount youth.

For young people in care, the holiday season can be difficult. Many don't go home to family for Christmas. Some live very modestly, so Christmas is not the overflowing bounty portrayed on television and in the movies.

Marymount did its best to make the lead-up to Christmas more fun and exciting for all the youngsters at Marymount.

Our Spiritual Care Coordinator, Helen Mikolajewski worked with committee members and school staff to plan



Santa and his elves delighted everyone with holiday spirit and hand-picked gifts

an inspiring chapel service, complete with student performances. Then, Santa, assisted by staff elves (at right), gave a hand-picked gift to every young person at a special Christmas party held in the Gathering Room. Thank you to Imperial Soap & Supplies Ltd. for their donation toward this party.

The kitchen staff outdid themselves with a hearty turkey-and-all-the-trimmings feast for youth, families and staff. Dessert consisted of delicious and varied home baking from many staff members who volunteered their time to prepare squares, cookies and other goodies. Over 200 people gathered for the feast!

Music and a magic show, all provided by well-rehearsed students, was an added bonus. Everyone was impressed with the talent and poise displayed by our students, who sang, played keyboard and performed magic tricks onstage. It really was a great day of activities.



Marymount staff assembling holiday hampers

Holiday Hampers - a little something extra

Every year, Marymount staff donates non-perishable food items, unwrapped gifts of toys and games, personal care products and winter items like mitts and hats for our holiday hampers. This year, we were able to put together nine overflowing hampers, each containing a ham and a box of mandarin oranges to deliver to families who could use a little something extra to make Christmas more festive.

The spirit of giving doesn't stop after hours at Marymount.





Mutual Giving: Marymound Supports the United Way and the United Way Supports Marymound



Marymounders have again come through in a big way for the United Way! Each year, employees contribute through payroll deduction and through a variety of fun initiatives planned by our United Way committee.

As recipients of United Way funding (a portion of the Sexual Abuse Treatment Program is financed by the United Way), we appreciate their contributions to the welfare of our community. We in turn want to do our part to help.



Homemade theme baskets raised \$1,002.

We surpassed our fundraising goal of \$9,000 – reaching \$9,100 in *pledges alone* in the 2008 campaign.

We can then add \$1,002 from ticket sales for our annual theme baskets silent auction, \$548 from sales of homemade pumpkin pies and another \$180 from our special Halloween Breakfast!

That makes a grand total of **\$10,830!** We are very proud of the generosity of our staff and thank everyone who took part in events and who made donations.



Why not DONATE ONLINE today?

It's easier than ever at CanadaHelps.org - the safe, secure and convenient method to donate from the comfort of your home or office.



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