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TUESDAY, MARCH 19

Morning Session:

- Developing Trust and Mistrust: The Respective Impacts of Secure Attachment & Developmental Trauma on Human Development
- Building the Brain to Trust or Mistrust: The Neurobiological Foundations of Blocked Trust and Blocked Care

Afternoon Session:

- The State of Open Engagement to Facilitate Both Trusting and Caregiving
- Comfort, Joy and Being Safe Enough to be Sad: The Neurobiological Foundations of Relationships
- The Relational Attitude of PACE

WEDNESDAY, MARCH 20

Morning Session:

- Conversations: Affective-Reflective Dialogues that Build Trust
- Awakening the Prefrontal Cortex: Neurobiological Processes for Trust Building
- Correction within Connection: Continuous Relationship Repair

Afternoon Session:

- Trust Building across the generations of the family
- Trust Building across the family/community network
- Reciprocal Growth of the Individual and the Relationship

REGISTRATION INFORMATION

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presents

From Mistrust to Trust: Building the Bonds of Attachment in Traumatized Children Dr. Dan Hughes & Dr. Jon Baylin



TWO-DAY WORKSHOP MARCH 19 & 20, 2019



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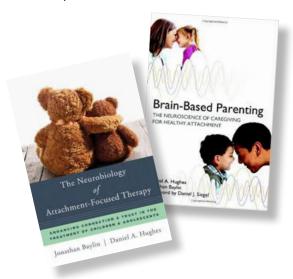
From Mistrust to Trust:

Building the Bonds of Attachment in Traumatized Children & Adolescents

Dan Hughes and Jon Baylin have been collaborating for a number of years on the continuing development of attachment focused therapy. They are both clinical psychologists with a shared interest in understanding and treating children and adolescents who need help recovering from developmental trauma and the effects of early exposure to very poor care. As a presenting duo, they are dynamic and well balanced, sharing a love for neuroscience with an extremely practical approach to working with children and young people.

A TWO-DAY WORKSHOP WITH A DIFFERENCE

Dan and Jon will present their new model of blocked trust as a multi-dimensional adaptation to poor care, a science-based understanding of what happens to children's brain development when they are forced to survive without the comfort and joy of secure relationships.



In addition, they will be presenting how their latest thinking about their model of treatment can include intergenerational family interventions. The principles in the model can be applied beyond the family, to organizations and the larger community where trust building and human connection is integral.

Through the use of case studies, participants will:

- Gain understanding of how to support the trust building process.
- Explore the concepts of attachment when working with traumatized children and adolescents.
- Learn about relational processes (including PACE, follow-lead-follow, story telling, reprocessing of fear-based relational memories, safe recovery of the ability to feel social emotions, and affective/ reflective dialogue).
- Understand how relational processes can repair mistrust in children's brains with consistent "safety messages" and enable a trust building process to emerge.
- Learn practical strategies that can be applied in any work setting.

This workshop is a must for social workers, child protection workers, child and family therapists, foster care workers, residential care workers, educators, and any professionals who work with children, youth, and families affected by violence, abuse, neglect, and other traumatic experiences.

ABOUT Dr. Dan Hughes

Dan Hughes, Ph.D. is a clinical psychologist who founded and developed Dyadic Developmental Psychotherapy (DDP), the treatment of children who have experienced abuse and neglect and who demonstrate ongoing problems related to attachment and trauma. This treatment occurs in a family setting and the treatment model



has expanded to become a general model of family treatment. He has spent over 40 years helping children and youth reach their full potential and reconnect with others in their lives. Dan has authored many books and has conducted seminars, workshops, spoken at conferences, and guest lectured throughout the US, Europe, Canada, and Australia over the past 18 years. He is also engaged in extensive training and supervision in the certification of therapists in his treatment model, along with ongoing consultation to various agencies and professionals.

ABOUT Dr. Jon Baylin

Dr. Baylin received his doctorate in clinical psychology from Peabody College of Vanderbilt University in 1981. He has been working in the mental health field for 35 years. For the past fifteen years, while continuing his clinical practice, he has immersed himself in the study of neurobiology and in teaching mental health



practitioners about the brain. In addition to studying neuroscience, he developed a brain-based model of developmental trauma and the processes of therapeutic change. He has given numerous workshops for mental health professionals on "Putting the Brain in Therapy." Dr. Baylin has delivered keynote sessions at international conferences and has also given numerous workshops both internationally and regionally within the USA.

Several years ago, Dr. Baylin began a collaborative relationship with Daniel Hughes, a leader in the field of attachment-focused therapy.