

HOLD ON TO YOUR KIDS

Attachment and Mindful Parenting

March 5, 2018

Join Dr. Gabor Maté in a conversation about parenting in today's society. Learn why children today increasingly look to their peers for direction—their values, identity, and codes of behavior and how you as a parent or foster parent can learn skills to “reattach” to your sons and daughters, make kids feel safe and understood, and earn back your children’s loyalty and love.

By helping to reawaken parenting instincts innate to us all, this event will empower parents and foster parents to improve their relationship and reconnect with their children.



Victoria Inn & Conference Centre
1808 Wellington Avenue

6:30-8:00pm

\$40

TO REGISTER: Visit www.marymound.com / **FOR GROUP RATES:** Contact disaac@marymound.com